

November

BREAKFAST

NSLP Hot & Cold

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cheerios & Educational Snacks Cracker (V)	2 Buttermilk Pancakes (V)	3 Cheese Omelet with Roll (V)	4 Banana Muffin (V)
7 Cinnamon Chex & Educational Snacks Cracker (V)	8 Bagel with Cream Cheese (V)	9 Buttermilk Pancakes (V)	10 Blueberry Chex (V) (DF)	11 NO SCHOOL ☺
14 French Toast Muffin (V)	15 French Toast Stick & Pancake (V)	16 Zee Zees Cinnamon Crisp Bar (V) (DF)	17 Cheese Omelet with Roll (V)	18 Waffles & Syrup
21 Cinnamon Chex & Educational Snacks Cracker (V)	22 Yogurt & Cinnamon Grahams (V)	23 THANKSGIVING BREAK ☺	24 HAPPY THANKSGIVING !!	25 THANKSGIVING BREAK ☺
28 THANKSGIVING BREAK ☺	29 French Toast Stick & Pancake (V)	30 Egg & Cheddar English Muffin Sandwich (V)		

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!
surveymonkey.com/r/mealsatisfactionsurvey



This institution is an equal opportunity provider.
 All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)
Vegetarian (V)

November

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Vegan Jamaican Patty (V) (DF) Chicken Tamale W/ Rice Simply Steamed Carrots (V) (DF)	2 Chicken Mumbo with Fried Rice (DF) Cheese Sub Sandwich (V) Carrots, Corn and Peas (V) (DF)	3 Chicken Teriyaki with Rice (DF) Five Cheese Lasagna (V) Chopped Romaine (V) (DF) Sliced Tomatoes (V) (DF)	4 Cheese Enchilada with Rice & Black Beans (V) Pepperoni Pizza Coleslaw (V) (DF)
7 All Beef Hotdog SunButter & Jelly Sandwich Kit (V) Steamed Corn (V) (DF)	8 Cheese Pizza (V) Pepperoni Pizza Simply Steamed Carrots (V) (DF)	9 Crispy Chicken Sandwich (DF) Pretzel Nacho Pocket (V) Carrots, Corn and Peas (V) (DF)	10 Cheese Pizza Kit (V) Chicken Salad Sandwich (DF) Green Leaf Lettuce (V) (DF) Sliced Tomatoes (V) (DF)	11 NO SCHOOL ☺
14 SunButter & Jelly Sandwich Kit (V) Turkey & Cheddar Sandwich Simply Steamed Carrots (V) (DF)	15 Cheese Pizza (V) Penne Marinara & Meatballs Broccoli (V) (DF)	16 Chicken Bites (DF) Southwest Veggie Wrap (V) Carrots, Corn and Peas (V) (DF)	17 Chicken and Sweet Potatoes Creamy Pasta Alfredo (V) Green Beans (V) (DF)	18 BBQ Chicken Plate Cheese Enchilada with Rice & Black Beans (V) Pinto Beans (V) (DF)
21 All Beef Hot Dog (DF) SunButter (R) & Jelly Sandwich Kit with String Cheese (V) Roasted Potatoes (V) (DF)	22 Cheese Pizza (V) Pepperoni Pizza Simply Steamed Carrots (V) (DF)	23 THANKSGIVING BREAK ☺	24 HAPPY THANKSGIVING !!	25 THANKSGIVING BREAK ☺
28 THANKSGIVING BREAK ☺	29 Penne Marinara & Meatballs Spaghetti Marinara Green Beans (V) (DF)	30 Chicken Salad Sandwich (DF) Southwest Veggie Wrap (V) Carrots, Corn and Peas (V) (DF)		

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revolution foods.

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Vegetable of the Day

Dairy-Free (DF) & **Vegetarian (V)** options available daily. If not listed on the menu, available upon request