

Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy (Upon Request)

ALL MEALS INCLUDE: 1 cup of FRESH FRUIT or 100% Juice & 1 cup of vegetables daily

Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (MD/PA/VA), Sweet Potatoes (NC), Broccoli (MD/PA/DE), Kale (MD/NC), Tomato (DE/MD), Onions (VA/MD), Potatoes (VA/DE/MD), Cabbage (NC,PA/VA, Green Beans (VA/DE), Strawberries (MD/VA), Cucumbers (VA/MD/PA/NC), Spinach (NJ/MD), Cauliflower (MD/PA).

Please reach out to us if you have questions or comments at menu@luncherasdisi.com