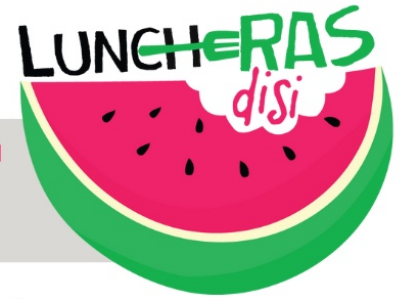


Spring/ Early Fall Cycle - Breakfast  
BASIS Ed DC - 5-12 Grade - BREAKFAST  
HHFKA K-12 (age 5-18)



Milk, grain, fruit, meat or meat alternative

# BREAKFAST



Menu subject to change. For any feedback please  
contact us directly at [menu@luncherasdisi.com](mailto:menu@luncherasdisi.com)



| Monday                                                                                                                     | Tuesday                                                                                                                                                                                | Wednesday                                                                                                                                                 | Thursday                                                                                                                                    | Friday                                                                                                                                 |
|----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| <div>04/07/2025</div> <p>Mini Maple Pancakes<br/>Syrup Maple (ss)<br/>Grape Juice<br/>Choice of Milk</p>                   | <div>04/08/2025</div> <p>WW Taco Breakfast incl.<br/>(Egg, Cheese &amp; Tkey Bacon)<br/>Taco Bk. w/Tofu, Vegan Ch.<br/>&amp; Veggie Crumbles (V/VG)<br/>Bananas<br/>Choice of Milk</p> | <div>04/09/2025</div> <p>WG Lucky Charm Cereal<br/>Yoplait Yogurt<br/>Fresh Apples<br/>Choice of Milk</p>                                                 | <div>04/10/2025</div> <p>Turkey Patty w/Gravy<br/>&amp; WG Biscuit<br/>Veggie Patty &amp; Biscuit -V<br/>Fresh Pears<br/>Choice of Milk</p> | <div>04/11/2025</div> <p>Baked French<br/>Toast WW Muffin (V)<br/>Mozzarella Cheese Stick**<br/>Cranberry Juice<br/>Choice of Milk</p> |
| <div>04/14/2025</div> <p>NO SCHOOL TODAY</p>                                                                               | <div>04/15/2025</div> <p>NO SCHOOL TODAY</p>                                                                                                                                           | <div>04/16/2025</div> <p>NO SCHOOL TODAY</p>                                                                                                              | <div>04/17/2025</div> <p>NO SCHOOL TODAY</p>                                                                                                | <div>04/18/2025</div> <p>NO SCHOOL TODAY</p>                                                                                           |
| <div>04/21/2025</div> <p>Pillsbury WW Mini Bagel<br/>Strawberry &amp; Cream Cheese<br/>Fresh Apples<br/>Choice of Milk</p> | <div>04/22/2025</div> <p>Homemade WW Choco<br/>Chip Banana Bread (V)<br/>Fruit Punch Juice<br/>Choice of Milk</p>                                                                      | <div>04/23/2025</div> <p>WG Blueberry Muffin(V/DF)<br/>Mozzarella Cheese Stick**<br/>Fresh Pears<br/>Choice of Milk</p>                                   | <div>04/24/2025</div> <p>Yoplait Yogurt &amp;<br/>Granola (V)<br/>Bananas<br/>Choice of Milk</p>                                            | <div>04/25/2025</div> <p>Peachy WG Cinnamon<br/>Roll Cobbler (V)<br/>Cranberry Juice<br/>Choice of Milk</p>                            |
| <div>04/28/2025</div> <p>Cereal Cheerios Honey<br/>Yoplait Yogurt<br/>Fresh Pears<br/>Choice of Milk</p>                   | <div>04/29/2025</div> <p>WG French<br/>Toast Sticks (V/VG)<br/>Syrup Maple (ss)<br/>Bananas<br/>Choice of Milk</p>                                                                     | <div>04/30/2025</div> <p>WW Egg Burrito w/<br/>Turkey Breast &amp; Cheese<br/>WW Egg &amp; Cheese<br/>Burrito (V)<br/>Fresh Apples<br/>Choice of Milk</p> | <div>05/01/2025</div> <p>WG Banana Muffin (V/DF)<br/>Fruit Punch Juice<br/>Choice of Milk</p>                                               | <div>05/02/2025</div> <p>Strawberry Chocolate<br/>Overnight Oats (V)<br/>Cranberry Juice<br/>Choice of Milk</p>                        |

**Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy (upon request)**

**Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on  
Breakfast and/or Lunch menu: Apples (PA).**

**Dairy - Free (DF), Gluten Free (GF), Vegan (VG), \*Vegetarian (V) options available daily upon request.**

**WG = Whole Grain WW = Whole Wheat**

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                          |                                      |               |    |
|--------------------------|--------------------------------------|---------------|----|
| Menu Name:               | BASIS Ed DC - 5-12 Grade - BREAKFAST | Include Cost: | No |
| Site:                    |                                      |               |    |
| Use Alternate Menu Name: | No                                   |               |    |

Monday - 03/03/2025Reimbursable Meal Total 100

|                                            | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 992571 V-Mini French Toast Cinnamon Crunch | 2.64 oz         | 100       | 210                      | 1.00                   | 200                    | 11               | 10               | 7.00      | 0.00                    | 0           | 36.00    |
| 992656 V/VG- French Toast Sticks PreK-12   | 4 stick (92 gr) | 1         | 260                      | 2.00                   | 300                    | 9                | *8               | 10.00     | 0.00                    | 0           | 38.00    |
| 990919 Syrup Maple (ss)                    | 42.5 gr         | 100       | 120                      | 0.00                   | 20                     | 22               | 22               | 0.00      | 0.00                    | 0           | 31.00    |
| 992362 Grape Juice - (1 cup: 2 juices)     | 2 (4 fl)        | 100       | 160                      | 0.00                   | 20                     | 36               | 0                | 0.00      | 0.00                    | 0           | 38.00    |
| 000231 MILK,Skim                           | 8 fl. oz.       | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                   | 8 fl. oz.       | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 990556 Place Settings                      | 1               | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                     |                 |           | 593                      | 1.77                   | 373                    | *82              | *32              | 8.35      | 0.00                    | 10          | 118.38   |
| % of Calories                              |                 |           |                          | 2.69%                  |                        | *55.3%           | *21.6%           | 12.7%     | 0.0%                    |             | 79.9%    |
| Weekly Nutrient Guideline                  |                 |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Tuesday - 03/04/2025Reimbursable Meal Total 100

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 992456 V- WG Biscuit & Cheesy Scramble eggs | serving      | 100       | 241                      | 9.46                   | 393                    | 1                | *1               | 16.83     | 0.00                    | 277         | 14.51    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|-------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 992226 VG/DF -WW Breakfast Roll & Tofu Scramble | serving      | 0         | 160                      | 3.22                   | 381                    | 3                | *2               | 5.73      | 0.00                    | 0           | 18.78    |
| 000307 APPLES,Fresh - 1 Cup (100 - 125 ct)      | 1 cup        | 100       | 77                       | 0.04                   | 1                      | 15               | *N/A*            | 0.25      | 0.00                    | 0           | 20.58    |
| 000190 Low Fat Milk - 1%                        | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 000231 MILK,Skim                                | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 991919 Soy Milk                                 | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                           | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                          |              |           | 419                      | 10.26                  | 526                    | *30              | *1               | 18.38     | 0.00                    | 287         | 48.21    |
| % of Calories                                   |              |           |                          | 22.04 %                |                        | *28.6%           | *1.0%            | 39.5%     | 0.0%                    |             | 46.0%    |
| Weekly Nutrient Guideline                       |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Wednesday - 03/05/2025                      Reimbursable Meal Total 100

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991381 V- Whole Grain Pancakes                    | 2 pancakes   | 100       | 153                      | 0.33                   | 400                    | 5                | *5               | 2.33      | 0.00                    | 7           | 31.33    |
| 991178 VG/DF- Homemade WG Pancakes                | 2 pancakes   | 0         | 214                      | 0.68                   | 3                      | *5               | *0               | 9.77      | 0.00                    | 0           | 27.02    |
| 990919 Syrup Maple (ss)                           | 42.5 gr      | 100       | 120                      | 0.00                   | 20                     | 22               | 22               | 0.00      | 0.00                    | 0           | 31.00    |
| 000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct) | 1 cup        | 100       | 84                       | 0.03                   | 1                      | 14               | *N/A*            | 0.21      | 0.00                    | 0           | 22.54    |
| 000231 MILK,Skim                                  | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                          | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991919 Soy Milk           | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average    |              |           | 458                      | 1.12                   | 551                    | *55              | *27              | 3.79      | 0.00                    | 17          | 97.87    |
| % of Calories             |              |           |                          | 2.20%                  |                        | *48.0%           | *23.6%           | 7.4%      | 0.0%                    |             | 85.5%    |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Thursday - 03/06/2025

Reimbursable Meal Total 100

|                                                | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991210 V/DF-WG Blueberry Muffin (Chef Pierre)  | 57 gr        | 100       | 200                      | 1.50                   | 140                    | 16               | 16               | 7.00      | 0.00                    | 15          | 32.00    |
| 992223 VG/DF-Homemade Vegan Muffins            | 64 gr        | 1         | 215                      | 0.54                   | 9                      | *18              | *0               | 7.58      | *0.00                   | 0           | 33.17    |
| 991059 Cranberry Apple Juice (1 cup- 2 juices) | 2 HC         | 100       | 120                      | 0.00                   | 0                      | 24               | 0                | 0.00      | 0.00                    | 0           | 26.00    |
| 000231 MILK,Skim                               | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                       | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                                | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                          | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                         |              |           | 422                      | 2.26                   | 270                    | *53              | *16              | 8.33      | *0.00                   | 25          | 71.33    |
| % of Calories                                  |              |           |                          | 4.82%                  |                        | *50.2%           | *15.2%           | 17.8%     | *0.0%                   |             | 67.6%    |
| Weekly Nutrient Guideline                      |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

Friday - 03/07/2025                      Reimbursable Meal Total 100

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991380 Cereal Cheerios MULTIGRAIN (28gr)          | 28 gr        | 100       | 110                      | 0.00                   | 105                    | 6                | *N/A*            | 1.00      | 0.00                    | 0           | 23.00    |
| 991346 Yogurt Yoplait 4oz                         | 4 oz         | 99        | 100                      | 0.00                   | 55                     | 14               | 11               | 0.50      | 0.00                    | 5           | 21.00    |
| 992217 VG/DF - Dairy Free Yogurt                  | 5.3 oz       | 1         | 130                      | 0.00                   | 90                     | 12               | *N/A*            | 3.50      | 0.00                    | 0           | 18.00    |
| 000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct) | 1 cup        | 100       | 84                       | 0.03                   | 1                      | 14               | *N/A*            | 0.21      | 0.00                    | 0           | 22.54    |
| 000231 MILK,Skim                                  | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                          | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                                   | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                             | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                            |              |           | 395                      | 0.78                   | 292                    | *47              | *11              | 2.99      | 0.00                    | 15          | 79.51    |
| % of Calories                                     |              |           |                          | 1.78%                  |                        | *47.6%           | *11.1%           | 6.8%      | 0.0%                    |             | 80.5%    |
| Weekly Nutrient Guideline                         |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Monday - 03/10/2025                      Reimbursable Meal Total 100

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 990668 V- Cinnamon Soft Round Granola Bar    | 2.2 oz       | 100       | 280                      | 3.00                   | 190                    | 19               | *19              | 8.00      | 0.00                    | 5           | 44.00    |
| 992593 VG/DF/GF- Cereal WG Cheerios 1 (28gr) | 28 gr        | 0         | 100                      | 0.00                   | 140                    | 1                | 1                | 2.00      | 0.00                    | 0           | 21.00    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                                                | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 990708 Fruit Punch, Juice - (1 Cup - 2 juices) | (2 HC)       | 100       | 120                      | 0.00                   | 10                     | 24               | 0                | 0.00      | 0.00                    | 0           | 28.00    |
| 000190 Low Fat Milk - 1%                       | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 000231 MILK,Skim                               | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 991919 Soy Milk                                | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                          | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                         |              |           | 500                      | 3.75                   | 330                    | *56              | *19              | 9.25      | 0.00                    | 15          | 85.00    |
| % of Calories                                  |              |           |                          | 6.75%                  |                        | *44.8%           | *15.2%           | 16.6%     | 0.0%                    |             | 68.0%    |
| Weekly Nutrient Guideline                      |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Tuesday - 03/11/2025

Reimbursable Meal Total 100

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991262 V/DF- WG Banana Muffin (Chef Pierre) | 57 gr        | 100       | 200                      | 1.50                   | 110                    | 16               | *N/A*            | 8.00      | 0.00                    | 10          | 31.00    |
| 992223 VG/DF- Homemade Vegan Muffins        | 64 gr        | 1         | 215                      | 0.54                   | 9                      | *18              | *0               | 7.58      | *0.00                   | 0           | 33.17    |
| 000307 APPLES,Fresh - 1 Cup (100 - 125 ct)  | 1 cup        | 100       | 77                       | 0.04                   | 1                      | 15               | *N/A*            | 0.25      | 0.00                    | 0           | 20.58    |
| 000231 MILK,Skim                            | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                    | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                             | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average    |              |           | 381                      | 2.30                   | 243                    | *45              | *0               | 9.62      | *0.00                   | 20          | 65.04    |
| % of Calories             |              |           |                          | 5.43%                  |                        | *47.2%           | *0%              | 22.7%     | *0.0%                   |             | 68.3%    |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Wednesday - 03/12/2025                      Reimbursable Meal Total 100

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 992212 V/VG- Sweet Potato Waffles                 | serving      | 100       | 263                      | 0.31                   | 38                     | *14              | *N/A*            | 4.91      | 0.00                    | 0           | 48.45    |
| 991123 Syrup Maple SS Sugar Free                  | 32 gr        | 100       | 10                       | 0.00                   | 80                     | 0                | 0                | 0.00      | 0.00                    | 0           | 4.00     |
| 000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct) | 1 cup        | 100       | 84                       | 0.03                   | 1                      | 14               | *N/A*            | 0.21      | 0.00                    | 0           | 22.54    |
| 000231 MILK,Skim                                  | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                          | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                                   | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                             | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                            |              |           | 457                      | 1.10                   | 249                    | *42              | *0               | 6.37      | 0.00                    | 10          | 87.99    |
| % of Calories                                     |              |           |                          | 2.17%                  |                        | *36.8%           | *0%              | 12.5%     | 0.0%                    |             | 77.0%    |
| Weekly Nutrient Guideline                         |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Thursday - 03/13/2025                      Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 992347 V- WG English Muffin w/ Egg Patty & Cheese | serving      | 99        | 225                      | 2.75                   | 470                    | 2                | *1               | 9.50      | 0.00                    | 102         | 27.00    |
| 991166 VG- WG English Muffin w/ Tofu Scramble     | serving      | 1         | 259                      | 1.52                   | 151                    | 1                | *1               | 9.70      | 0.00                    | 0           | 27.98    |
| 991059 Cranberry Apple Juice (1 cup- 2 juices)    | 2 HC         | 100       | 120                      | 0.00                   | 0                      | 24               | 0                | 0.00      | 0.00                    | 0           | 26.00    |
| 000190 Low Fat Milk - 1%                          | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 000231 MILK,Skim                                  | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 991919 Soy Milk                                   | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                             | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                            |              |           | 447                      | 3.49                   | 598                    | *39              | *1               | 10.80     | 0.00                    | 111         | 66.14    |
| % of Calories                                     |              |           |                          | 7.03%                  |                        | *34.9%           | *0.9%            | 21.7%     | 0.0%                    |             | 59.2%    |
| Weekly Nutrient Guideline                         |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Friday - 03/14/2025

Reimbursable Meal Total 1

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 000145 NO SCHOOL TODAY    |              |           |                          |                        |                        |                  |                  |           |                         |             |          |
| Weighted Daily Average    |              |           | 0                        | 0.00                   | 0                      | 0                | 0                | 0.00      | 0.00                    | 0           | 0.00     |
| % of Calories             |              |           |                          | 0%                     |                        | 0%               | 0%               | 0%        | 0%                      |             | 0%       |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

Monday - 03/17/2025                      Reimbursable Meal Total 100

|                                                  | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991425 V- WG Cinnamon Roll                       | 3 oz           | 99        | 270                      | 4.50                   | 420                    | 9                | *9               | 11.00     | 0.00                    | 0           | 37.00    |
| 992551 TANGERINES,FRESH - (1 cup - 2 Tangerines) | 2 (150ct p/cs) | 100       | 127                      | 0.09                   | 5                      | 25               | *N/A*            | 0.74      | 0.00                    | 0           | 32.02    |
| 000190 Low Fat Milk - 1%                         | 8 fl. oz.      | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 000231 MILK,Skim                                 | 8 fl. oz.      | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 991919 Soy Milk                                  | 8 fl           | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                            | 1              | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                           |                |           | 496                      | 5.30                   | 552                    | *47              | *9               | 12.93     | 0.00                    | 10          | 81.78    |
| % of Calories                                    |                |           |                          | 9.62%                  |                        | *37.9%           | *7.3%            | 23.5%     | 0.0%                    |             | 66.0%    |
| Weekly Nutrient Guideline                        |                |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Tuesday - 03/18/2025                      Reimbursable Meal Total 100

|                                            | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991382 V-Chocolate Chip Oatmeal Muffin     | serving      | 100       | 274                      | 3.82                   | 211                    | 22               | *0               | 34.91     | *0.00                   | 21          | 47.57    |
| 000307 APPLES,Fresh - 1 Cup (100 - 125 ct) | 1 cup        | 100       | 77                       | 0.04                   | 1                      | 15               | *N/A*            | 0.25      | 0.00                    | 0           | 20.58    |
| 000231 MILK,Skim                           | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                   | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991919 Soy Milk           | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average    |              |           | 453                      | 4.61                   | 343                    | *51              | *0               | 36.46     | *0.00                   | 31          | 81.28    |
| % of Calories             |              |           |                          | 9.16%                  |                        | *45.0%           | *0%              | 72.4%     | *0.0%                   |             | 71.8%    |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Wednesday - 03/19/2025                      Reimbursable Meal Total 100

|                                                | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 992848 V/VG- Cereal, Cheerios Honey SS Bowl    | 28 gram.     | 100       | 110                      | 0.00                   | 170                    | 6                | 6                | 1.50      | 0.00                    | 0           | 22.00    |
| 000010 Mozzarella, Cheese String               | 1 oz         | 100       | 61                       | 2.02                   | 202                    | 1                | *N/A*            | 3.04      | 0.00                    | 10          | 1.01     |
| 991059 Cranberry Apple Juice (1 cup- 2 juices) | 2 HC         | 100       | 120                      | 0.00                   | 0                      | 24               | 0                | 0.00      | 0.00                    | 0           | 26.00    |
| 000231 MILK,Skim                               | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                       | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                                | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                          | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                         |              |           | 391                      | 2.78                   | 502                    | *44              | *6               | 5.79      | 0.00                    | 20          | 62.01    |
| % of Calories                                  |              |           |                          | 6.40%                  |                        | *45.0%           | *6.1%            | 13.3%     | 0.0%                    |             | 63.4%    |
| Weekly Nutrient Guideline                      |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

Thursday - 03/20/2025      Reimbursable Meal Total 100

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991384 WG Biscuit & Tk. Patty Sandwich            | 2oz          | 99        | 262                      | 8.09                   | 495                    | 2                | *0               | 13.11     | 0.00                    | 30          | 27.34    |
| 991773 V-WG Biscuit & Veggie Patty Sandwich       | 28 gr        | 1         | 170                      | 4.00                   | 460                    | 2                | *1               | 7.50      | 0.00                    | 0           | 18.00    |
| 000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct) | 1 cup        | 100       | 84                       | 0.03                   | 1                      | 14               | *N/A*            | 0.21      | 0.00                    | 0           | 22.54    |
| 000190 Low Fat Milk - 1%                          | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 000231 MILK,Skim                                  | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 991919 Soy Milk                                   | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                             | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                            |              |           | 447                      | 8.83                   | 627                    | *30              | *0               | 14.56     | 0.00                    | 40          | 62.91    |
| % of Calories                                     |              |           |                          | 17.78 %                |                        | *26.8%           | *0%              | 29.3%     | 0.0%                    |             | 56.3%    |
| Weekly Nutrient Guideline                         |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Friday - 03/21/2025      Reimbursable Meal Total 100

|                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|-----------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 000192 V-WW Sweet Potato Muffin   | serving      | 100       | 166                      | 0.26                   | 29                     | *9               | *N/A*            | 2.92      | *0.00                   | 1           | 30.00    |
| 991006 Banana - 1 cup (2 Bananas) | 2 Bananas    | 100       | 210                      | 0.26                   | 2                      | 29               | *N/A*            | 0.78      | 0.00                    | 0           | 53.90    |
| 000231 MILK,Skim                  | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 000190 Low Fat Milk - 1%  | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk           | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average    |              |           | 477                      | 1.27                   | 162                    | *51              | *N/A*            | 4.99      | *0.00                   | 11          | 97.03    |
| % of Calories             |              |           |                          | 2.40%                  |                        | *42.8%           | *N/A*            | 9.4%      | *0.0%                   |             | 81.4%    |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Monday - 03/24/2025

Reimbursable Meal Total 100

|                                            | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991204 V- Yogurt Yoplait & Granola         | 4oz Yg/1oz Gran | 99        | 220                      | 0.50                   | 125                    | 20               | 17               | 3.50      | 0.00                    | 5           | 41.00    |
| 992443 VG/DF -Dairy Free Yogurt & Granola  | 5.3 oz          | 1         | 250                      | 0.50                   | 160                    | 18               | *6               | 6.50      | 0.00                    | 0           | 38.00    |
| 000307 APPLES,Fresh - 1 Cup (100 - 125 ct) | 1 cup           | 100       | 77                       | 0.04                   | 1                      | 15               | *N/A*            | 0.25      | 0.00                    | 0           | 20.58    |
| 000190 Low Fat Milk - 1%                   | 8 fl. oz.       | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 000231 MILK,Skim                           | 8 fl. oz.       | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 991919 Soy Milk                            | 8 fl            | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average    |              |           | 398                      | 1.29                   | 257                    | *48              | *17              | 5.03      | 0.00                    | 15          | 74.55    |
| % of Calories             |              |           |                          | 2.92%                  |                        | *48.2%           | *17.1%           | 11.4%     | 0.0%                    |             | 74.9%    |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Tuesday - 03/25/2025                      Reimbursable Meal Total 100

|                                                | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 992805 V- WG Froot Loops Waffles               | 2.64 oz      | 100       | 180                      | 1.50                   | 210                    | 5                | 5                | 6.00      | 0.00                    | 0           | 32.00    |
| 991172 VG/DF- Homemade WG Waffles              | 2 oz         | 1         | 309                      | 0.69                   | 42                     | 12               | *N/A*            | 9.44      | 0.00                    | 0           | 44.97    |
| 990708 Fruit Punch, Juice - (1 Cup - 2 juices) | (2 HC)       | 100       | 120                      | 0.00                   | 10                     | 24               | 0                | 0.00      | 0.00                    | 0           | 28.00    |
| 990919 Syrup Maple (ss)                        | 42.5 gr      | 100       | 120                      | 0.00                   | 20                     | 22               | 22               | 0.00      | 0.00                    | 0           | 31.00    |
| 000231 MILK,Skim                               | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                       | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                                | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                          | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                         |              |           | 523                      | 2.26                   | 370                    | *64              | *27              | 7.34      | 0.00                    | 10          | 104.45   |
| % of Calories                                  |              |           |                          | 3.89%                  |                        | *48.9%           | *20.7%           | 12.6%     | 0.0%                    |             | 79.9%    |
| Weekly Nutrient Guideline                      |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

Wednesday - 03/26/2025      Reimbursable Meal Total 100

|                                                  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991334 V- Pumpkin Carrot Breakfast Loaf          | 1 squares    | 100       | 223                      | 2.59                   | 231                    | *21              | *N/A*            | 4.77      | *0.00                   | 36          | 41.54    |
| 992219 VG/DF- Pumpkin Carrot Breakfast Loaf (VG) | 1 squares    | 1         | 185                      | 0.05                   | 192                    | *21              | *N/A*            | 0.69      | *0.00                   | 0           | 42.17    |
| 991006 Banana - 1 cup (2 Bananas)                | 2 Bananas    | 100       | 210                      | 0.26                   | 2                      | 29               | *N/A*            | 0.78      | 0.00                    | 0           | 53.90    |
| 000231 MILK,Skim                                 | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                         | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                                  | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                            | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                           |              |           | 535                      | 3.61                   | 365                    | *63              | *N/A*            | 6.81      | *0.00                   | 46          | 108.86   |
| % of Calories                                    |              |           |                          | 6.07%                  |                        | *47.1%           | *N/A*            | 11.5%     | *0.0%                   |             | 81.4%    |
| Weekly Nutrient Guideline                        |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Thursday - 03/27/2025      Reimbursable Meal Total 100

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991379 Pancakes & Turkey Sausage on a Stick | 2.5 oz       | 99        | 160                      | 1.50                   | 400                    | 7                | 7                | 6.00      | 0.00                    | 20          | 19.00    |
| 991777 V- Veggie Patty & WG Pancakes        | 1 serving    | 1         | 283                      | 0.33                   | 830                    | 6                | *5               | 9.33      | 0.00                    | 7           | 37.33    |
| 991178 VG/DF- Homemade WG Pancakes          | 2 pancakes   | 1         | 214                      | 0.68                   | 3                      | *5               | *0               | 9.77      | 0.00                    | 0           | 27.02    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                                                | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991123 Syrup Maple SS Sugar Free               | 32 gr        | 100       | 10                       | 0.00                   | 80                     | 0                | 0                | 0.00      | 0.00                    | 0           | 4.00     |
| 991059 Cranberry Apple Juice (1 cup- 2 juices) | 2 HC         | 100       | 120                      | 0.00                   | 0                      | 24               | 0                | 0.00      | 0.00                    | 0           | 26.00    |
| 000231 MILK,Skim                               | 8 fl. oz.    | 49        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                       | 8 fl. oz.    | 49        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                                | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                          | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                         |              |           | 393                      | 2.24                   | 613                    | *44              | *7               | 7.40      | 0.00                    | 30          | 62.32    |
| % of Calories                                  |              |           |                          | 5.13%                  |                        | *44.8%           | *7.1%            | 16.9%     | 0.0%                    |             | 63.4%    |
| Weekly Nutrient Guideline                      |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Friday - 03/28/2025

Reimbursable Meal Total 100

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 992021 V-WG Bagel (IW) & Cream Cheese & Jelly     | serving      | 99        | 250                      | 2.50                   | 395                    | 12               | *9               | 4.50      | 0.00                    | 15          | 45.00    |
| 991347 VG/DF - WG White Bagel (IW) & Jelly        | serving      | 1         | 205                      | 0.00                   | 315                    | 11               | 9                | 1.00      | 0.00                    | 0           | 44.00    |
| 000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct) | 1 cup        | 100       | 84                       | 0.03                   | 1                      | 14               | *N/A*            | 0.21      | 0.00                    | 0           | 22.54    |
| 000190 Low Fat Milk - 1%                          | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 000231 MILK,Skim                                  | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 991919 Soy Milk                                   | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average    |              |           | 434                      | 3.26                   | 526                    | *39              | *9               | 5.92      | 0.00                    | 25          | 80.53    |
| % of Calories             |              |           |                          | 6.76%                  |                        | *35.9%           | *8.3%            | 12.3%     | 0.0%                    |             | 74.2%    |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Monday - 03/31/2025 Reimbursable Meal Total 100

|                                            | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 992571 V-Mini French Toast Cinnamon Crunch | 2.64 oz         | 100       | 210                      | 1.00                   | 200                    | 11               | 10               | 7.00      | 0.00                    | 0           | 36.00    |
| 992656 V/VG- French Toast Sticks PreK-12   | 4 stick (92 gr) | 1         | 260                      | 2.00                   | 300                    | 9                | *8               | 10.00     | 0.00                    | 0           | 38.00    |
| 991123 Syrup Maple SS Sugar Free           | 32 gr           | 100       | 10                       | 0.00                   | 80                     | 0                | 0                | 0.00      | 0.00                    | 0           | 4.00     |
| 992362 Grape Juice - (1 cup: 2 juices)     | 2 (4 fl)        | 100       | 160                      | 0.00                   | 20                     | 36               | 0                | 0.00      | 0.00                    | 0           | 38.00    |
| 000231 MILK,Skim                           | 8 fl. oz.       | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                   | 8 fl. oz.       | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 990556 Place Settings                      | 1               | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                     |                 |           | 483                      | 1.77                   | 433                    | *60              | *10              | 8.35      | 0.00                    | 10          | 91.38    |
| % of Calories                              |                 |           |                          | 3.30%                  |                        | *49.7%           | *8.3%            | 15.6%     | 0.0%                    |             | 75.7%    |
| Weekly Nutrient Guideline                  |                 |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Tuesday - 04/01/2025 Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991210 V/DF-WG Blueberry Muffin (Chef Pierre)     | 57 gr        | 100       | 200                      | 1.50                   | 140                    | 16               | 16               | 7.00      | 0.00                    | 15          | 32.00    |
| 992223 VG/DF-Homemade Vegan Muffins               | 64 gr        | 1         | 215                      | 0.54                   | 9                      | *18              | *0               | 7.58      | *0.00                   | 0           | 33.17    |
| 000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct) | 1 cup        | 100       | 84                       | 0.03                   | 1                      | 14               | *N/A*            | 0.21      | 0.00                    | 0           | 22.54    |
| 000231 MILK,Skim                                  | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                          | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                                   | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                             | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                            |              |           | 388                      | 2.29                   | 273                    | *44              | *16              | 8.58      | *0.00                   | 25          | 68.00    |
| % of Calories                                     |              |           |                          | 5.31%                  |                        | *45.4%           | *16.5%           | 19.9%     | *0.0%                   |             | 70.1%    |
| Weekly Nutrient Guideline                         |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Wednesday - 04/02/2025      Reimbursable Meal Total 100

|                                                | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991557 Egg, Turkey Breast & Cheese Burrito     | 1 burrito    | 100       | 314                      | 4.54                   | 563                    | *2               | *N/A*            | 13.90     | 0.00                    | 193         | 25.82    |
| 992259 V- Egg & Cheese Burrito                 | 1 burrito    | 1         | 352                      | 5.56                   | 420                    | *2               | *N/A*            | 16.77     | 0.00                    | 199         | 25.99    |
| 991059 Cranberry Apple Juice (1 cup- 2 juices) | 2 HC         | 100       | 120                      | 0.00                   | 0                      | 24               | 0                | 0.00      | 0.00                    | 0           | 26.00    |
| 000190 Low Fat Milk - 1%                       | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 000231 MILK,Skim          | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 991919 Soy Milk           | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average    |              |           | 537                      | 5.35                   | 697                    | *39              | *0               | 15.32     | 0.00                    | 205         | 65.08    |
| % of Calories             |              |           |                          | 8.97%                  |                        | *29.1%           | *0%              | 25.7%     | 0.0%                    |             | 48.5%    |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Thursday - 04/03/2025

Reimbursable Meal Total 100

|                                            | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991380 Cereal Cheerios MULTIGRAIN (28gr)   | 28 gr        | 100       | 110                      | 0.00                   | 105                    | 6                | *N/A*            | 1.00      | 0.00                    | 0           | 23.00    |
| 991346 Yogurt Yoplait 4oz                  | 4 oz         | 99        | 100                      | 0.00                   | 55                     | 14               | 11               | 0.50      | 0.00                    | 5           | 21.00    |
| 992217 VG/DF - Dairy Free Yogurt           | 5.3 oz       | 1         | 130                      | 0.00                   | 90                     | 12               | *N/A*            | 3.50      | 0.00                    | 0           | 18.00    |
| 000307 APPLES,Fresh - 1 Cup (100 - 125 ct) | 1 cup        | 100       | 77                       | 0.04                   | 1                      | 15               | *N/A*            | 0.25      | 0.00                    | 0           | 20.58    |
| 000231 MILK,Skim                           | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                   | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                            | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average    |              |           | 388                      | 0.79                   | 292                    | *48              | *11              | 3.03      | 0.00                    | 15          | 77.55    |
| % of Calories             |              |           |                          | 1.83%                  |                        | *49.5%           | *11.3%           | 7.0%      | 0.0%                    |             | 79.9%    |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Friday - 04/04/2025                      Reimbursable Meal Total 100

|                                         | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|-----------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 992005 V/VG- Whole Wheat Zucchini Bread | slice        | 100       | 124                      | 0.26                   | 46                     | *9               | *N/A*            | 3.31      | *0.00                   | 0           | 21.33    |
| 000010 Mozzarella, Cheese String        | 1 oz         | 100       | 61                       | 2.02                   | 202                    | 1                | *N/A*            | 3.04      | 0.00                    | 10          | 1.01     |
| 991006 Banana - 1 cup (2 Bananas)       | 2 Bananas    | 100       | 210                      | 0.26                   | 2                      | 29               | *N/A*            | 0.78      | 0.00                    | 0           | 53.90    |
| 000231 MILK,Skim                        | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                         | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                   | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                  |              |           | 496                      | 3.30                   | 382                    | *52              | *N/A*            | 8.42      | *0.00                   | 20          | 89.37    |
| % of Calories                           |              |           |                          | 5.99%                  |                        | *41.9%           | *N/A*            | 15.3%     | *0.0%                   |             | 72.1%    |
| Weekly Nutrient Guideline               |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Monday - 04/07/2025                      Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                                        | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|----------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 990632 Pancakes, Maple Flavored Mini   | 86 grams     | 100       | 186                      | 0.93                   | 195                    | 9                | 9                | 5.58      | 0.00                    | 0           | 32.56    |
| 991178 VG/DF- Homemade WG Pancakes     | 2 pancakes   | 1         | 214                      | 0.68                   | 3                      | *5               | *0               | 9.77      | 0.00                    | 0           | 27.02    |
| 991123 Syrup Maple SS Sugar Free       | 32 gr        | 100       | 10                       | 0.00                   | 80                     | 0                | 0                | 0.00      | 0.00                    | 0           | 4.00     |
| 992362 Grape Juice - (1 cup: 2 juices) | 2 (4 fl)     | 100       | 160                      | 0.00                   | 20                     | 36               | 0                | 0.00      | 0.00                    | 0           | 38.00    |
| 000231 MILK,Skim                       | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%               | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                        | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                  | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                 |              |           | 459                      | 1.69                   | 426                    | *58              | *9               | 6.97      | 0.00                    | 10          | 87.96    |
| % of Calories                          |              |           |                          | 3.31%                  |                        | *50.5%           | *7.8%            | 13.7%     | 0.0%                    |             | 76.7%    |
| Weekly Nutrient Guideline              |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Tuesday - 04/08/2025

Reimbursable Meal Total 100

|                                    | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 990947 Taco Breakfast              | 1            | 100       | 198                      | 4.67                   | 378                    | *0               | *N/A*            | 10.44     | *0.00                   | 98          | 16.05    |
| 991174 V/VG- Veggie Taco Breakfast | 1            | 1         | 330                      | 3.93                   | 471                    | 0                | *0               | 16.77     | 0.00                    | 0           | 25.37    |
| 991006 Banana - 1 cup (2 Bananas)  | 2 Bananas    | 100       | 210                      | 0.26                   | 2                      | 29               | *N/A*            | 0.78      | 0.00                    | 0           | 53.90    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 000231 MILK,Skim          | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%  | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk           | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average    |              |           | 513                      | 5.72                   | 516                    | *42              | *0               | 12.68     | *0.00                   | 108         | 83.34    |
| % of Calories             |              |           |                          | 10.04 %                |                        | *32.7%           | *0%              | 22.2%     | *0.0%                   |             | 65.0%    |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Wednesday - 04/09/2025 Reimbursable Meal Total 100

|                                            | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 992858 Cereal, Lucky Charm SS Bowl         | 28 gr        | 100       | 110                      | 0.00                   | 220                    | 6                | 6                | 2.00      | 0.00                    | 0           | 22.00    |
| 991346 Yogurt Yoplait 4oz                  | 4 oz         | 99        | 100                      | 0.00                   | 55                     | 14               | 11               | 0.50      | 0.00                    | 5           | 21.00    |
| 992217 VG/DF - Dairy Free Yogurt           | 5.3 oz       | 1         | 130                      | 0.00                   | 90                     | 12               | *N/A*            | 3.50      | 0.00                    | 0           | 18.00    |
| 000307 APPLES,Fresh - 1 Cup (100 - 125 ct) | 1 cup        | 100       | 77                       | 0.04                   | 1                      | 15               | *N/A*            | 0.25      | 0.00                    | 0           | 20.58    |
| 000231 MILK,Skim                           | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                   | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                            | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average    |              |           | 388                      | 0.79                   | 407                    | *48              | *17              | 4.03      | 0.00                    | 15          | 76.55    |
| % of Calories             |              |           |                          | 1.83%                  |                        | *49.5%           | *17.5%           | 9.3%      | 0.0%                    |             | 78.9%    |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Thursday - 04/10/2025                      Reimbursable Meal Total 100

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 992859 Turkey Patty w/Gravy & WG Biscuit          | each         | 100       | 279                      | 8.47                   | 618                    | 2                | *0               | 14.18     | 0.00                    | 32          | 28.89    |
| 992260 V- WG Biscuit and Veggie Patty             | 28 gr        | 1         | 170                      | 4.00                   | 460                    | 2                | *1               | 7.50      | 0.00                    | 0           | 18.00    |
| 000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct) | 1 cup        | 100       | 84                       | 0.03                   | 1                      | 14               | *N/A*            | 0.21      | 0.00                    | 0           | 22.54    |
| 000231 MILK,Skim                                  | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                          | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                                   | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                             | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                            |              |           | 466                      | 9.30                   | 755                    | *30              | *0               | 15.76     | 0.00                    | 42          | 64.74    |
| % of Calories                                     |              |           |                          | 17.96 %                |                        | *25.8%           | *0%              | 30.4%     | 0.0%                    |             | 55.6%    |
| Weekly Nutrient Guideline                         |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Friday - 04/11/2025                      Reimbursable Meal Total 100

Base Menu Spreadsheet

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Portion Values

Mar 3, 2025 thru May 2, 2025

|                                                | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991524 Baked French Toast Muffin               | serving      | 100       | 210                      | 2.42                   | 209                    | *18              | *0               | 5.52      | *0.00                   | 99          | 31.17    |
| 992223 VG/DF-Homemade Vegan Muffins            | 64 gr        | 1         | 215                      | 0.54                   | 9                      | *18              | *0               | 7.58      | *0.00                   | 0           | 33.17    |
| 000010 Mozzarella, Cheese String               | 1 oz         | 100       | 61                       | 2.02                   | 202                    | 1                | *N/A*            | 3.04      | 0.00                    | 10          | 1.01     |
| 991059 Cranberry Apple Juice (1 cup- 2 juices) | 2 HC         | 100       | 120                      | 0.00                   | 0                      | 24               | 0                | 0.00      | 0.00                    | 0           | 26.00    |
| 000231 MILK,Skim                               | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                       | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                                | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                          | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                         |              |           | 494                      | 5.20                   | 543                    | *56              | *0               | 9.93      | *0.00                   | 119         | 71.64    |
| % of Calories                                  |              |           |                          | 9.47%                  |                        | *45.3%           | *0%              | 18.1%     | *0.0%                   |             | 58.0%    |
| Weekly Nutrient Guideline                      |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Monday - 04/14/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 000145 NO SCHOOL TODAY    |              |           |                          |                        |                        |                  |                  |           |                         |             |          |
| Weighted Daily Average    |              |           | 0                        | 0.00                   | 0                      | 0                | 0                | 0.00      | 0.00                    | 0           | 0.00     |
| % of Calories             |              |           |                          | 0%                     |                        | 0%               | 0%               | 0%        | 0%                      |             | 0%       |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Tuesday - 04/15/2025                      Reimbursable Meal Total 1

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 000145 NO SCHOOL TODAY    |              |           |                          |                        |                        |                  |                  |           |                         |             |          |
| Weighted Daily Average    |              |           | 0                        | 0.00                   | 0                      | 0                | 0                | 0.00      | 0.00                    | 0           | 0.00     |
| % of Calories             |              |           |                          | 0%                     |                        | 0%               | 0%               | 0%        | 0%                      |             | 0%       |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Wednesday - 04/16/2025                      Reimbursable Meal Total 1

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 000145 NO SCHOOL TODAY    |              |           |                          |                        |                        |                  |                  |           |                         |             |          |
| Weighted Daily Average    |              |           | 0                        | 0.00                   | 0                      | 0                | 0                | 0.00      | 0.00                    | 0           | 0.00     |
| % of Calories             |              |           |                          | 0%                     |                        | 0%               | 0%               | 0%        | 0%                      |             | 0%       |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

Thursday - 04/17/2025                      Reimbursable Meal Total 1

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 000145 NO SCHOOL TODAY    |              |           |                          |                        |                        |                  |                  |           |                         |             |          |
| Weighted Daily Average    |              |           | 0                        | 0.00                   | 0                      | 0                | 0                | 0.00      | 0.00                    | 0           | 0.00     |
| % of Calories             |              |           |                          | 0%                     |                        | 0%               | 0%               | 0%        | 0%                      |             | 0%       |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Friday - 04/18/2025                      Reimbursable Meal Total 1

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 000145 NO SCHOOL TODAY    |              |           |                          |                        |                        |                  |                  |           |                         |             |          |
| Weighted Daily Average    |              |           | 0                        | 0.00                   | 0                      | 0                | 0                | 0.00      | 0.00                    | 0           | 0.00     |
| % of Calories             |              |           |                          | 0%                     |                        | 0%               | 0%               | 0%        | 0%                      |             | 0%       |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Monday - 04/21/2025                      Reimbursable Meal Total 100

|                                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 990675 V- Pillsbury Mini Bagel Strawberry and Cheese | 69 gr        | 100       | 230                      | 2.00                   | 190                    | 13               | 12               | 6.00      | 0.00                    | 10          | 42.00    |
| 991347 VG/DF - WG White Bagel (iW) & Jelly           | serving      | 1         | 205                      | 0.00                   | 315                    | 11               | 9                | 1.00      | 0.00                    | 0           | 44.00    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                                            | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 000307 APPLES,Fresh - 1 Cup (100 - 125 ct) | 1 cup        | 100       | 77                       | 0.04                   | 1                      | 15               | *N/A*            | 0.25      | 0.00                    | 0           | 20.58    |
| 000231 MILK,Skim                           | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                   | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                            | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                      | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                     |              |           | 411                      | 2.80                   | 326                    | *42              | *12              | 7.56      | 0.00                    | 20          | 76.15    |
| % of Calories                              |              |           |                          | 6.13%                  |                        | *40.9%           | *11.7%           | 16.6%     | 0.0%                    |             | 74.1%    |
| Weekly Nutrient Guideline                  |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Tuesday - 04/22/2025

Reimbursable Meal Total 100

|                                                | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 992280 V- Chocolate Chip Banana Bread          | 50 grams     | 100       | 206                      | 0.79                   | 145                    | *16              | *N/A*            | 1.84      | *0.00                   | 0           | 43.25    |
| 992485 VG/DF- Banana Bread                     | 50 grams     | 1         | 183                      | 0.03                   | 145                    | *13              | *N/A*            | 0.62      | *0.00                   | 0           | 39.68    |
| 990708 Fruit Punch, Juice - (1 Cup - 2 juices) | (2 HC)       | 100       | 120                      | 0.00                   | 10                     | 24               | 0                | 0.00      | 0.00                    | 0           | 28.00    |
| 000231 MILK,Skim                               | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                       | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                                | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average    |              |           | 429                      | 1.54                   | 288                    | *53              | *0               | 3.14      | *0.00                   | 10          | 84.78    |
| % of Calories             |              |           |                          | 3.23%                  |                        | *49.4%           | *0%              | 6.6%      | *0.0%                   |             | 79.0%    |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Wednesday - 04/23/2025                      Reimbursable Meal Total 100

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991210 V/DF-WG Blueberry Muffin (Chef Pierre)     | 57 gr        | 100       | 200                      | 1.50                   | 140                    | 16               | 16               | 7.00      | 0.00                    | 15          | 32.00    |
| 992223 VG/DF- Homemade Vegan Muffins              | 64 gr        | 1         | 215                      | 0.54                   | 9                      | *18              | *0               | 7.58      | *0.00                   | 0           | 33.17    |
| 000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct) | 1 cup        | 100       | 84                       | 0.03                   | 1                      | 14               | *N/A*            | 0.21      | 0.00                    | 0           | 22.54    |
| 000231 MILK,Skim                                  | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                          | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                                   | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                             | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                            |              |           | 388                      | 2.29                   | 273                    | *44              | *16              | 8.58      | *0.00                   | 25          | 68.00    |
| % of Calories                                     |              |           |                          | 5.31%                  |                        | *45.4%           | *16.5%           | 19.9%     | *0.0%                   |             | 70.1%    |
| Weekly Nutrient Guideline                         |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Thursday - 04/24/2025                      Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991204 V- Yogurt Yoplait & Granola        | 4oz Yg/1oz Gran | 100       | 220                      | 0.50                   | 125                    | 20               | 17               | 3.50      | 0.00                    | 5           | 41.00    |
| 992443 VG/DF -Dairy Free Yogurt & Granola | 5.3 oz          | 1         | 250                      | 0.50                   | 160                    | 18               | *6               | 6.50      | 0.00                    | 0           | 38.00    |
| 991006 Banana - 1 cup (2 Bananas)         | 2 Bananas       | 100       | 210                      | 0.26                   | 2                      | 29               | *N/A*            | 0.78      | 0.00                    | 0           | 53.90    |
| 000231 MILK,Skim                          | 8 fl. oz.       | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                  | 8 fl. oz.       | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                           | 8 fl            | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                     | 1               | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                    |                 |           | 534                      | 1.52                   | 260                    | *62              | *17              | 5.64      | 0.00                    | 15          | 108.41   |
| % of Calories                             |                 |           |                          | 2.56%                  |                        | *46.4%           | *12.7%           | 9.5%      | 0.0%                    |             | 81.2%    |
| Weekly Nutrient Guideline                 |                 |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Friday - 04/25/2025

Reimbursable Meal Total 100

|                                               | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|-----------------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 992346 V- Peachy WG Cinnamon Roll Cobbler     | 3 oz (serving) | 100       | 323                      | 4.50                   | 424                    | 20               | *9               | 11.00     | 0.00                    | 0           | 50.32    |
| 992760 DF/VG/GF- Cereal WG Cheerios 2 (28 gr) | 2 (28 gr)      | 1         | 200                      | 0.00                   | 280                    | 2                | 2                | 4.00      | 0.00                    | 0           | 42.00    |
| 990703 Cranberry Apple Juice 1/2 cup          | 4 oz fl        | 100       | 60                       | 0.00                   | 0                      | 12               | 0                | 0.00      | 0.00                    | 0           | 13.00    |
| 000231 MILK,Skim                              | 8 fl. oz.      | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 000190 Low Fat Milk - 1%  | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk           | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average    |              |           | 485                      | 5.25                   | 557                    | *45              | *9               | 12.29     | 0.00                    | 10          | 76.74    |
| % of Calories             |              |           |                          | 9.74%                  |                        | *37.1%           | *7.4%            | 22.8%     | 0.0%                    |             | 63.3%    |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Monday - 04/28/2025

Reimbursable Meal Total 100

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 992848 V/VG- Cereal, Cheerios Honey SS Bowl       | 28 gram.     | 100       | 110                      | 0.00                   | 170                    | 6                | 6                | 1.50      | 0.00                    | 0           | 22.00    |
| 991346 Yogurt Yoplait 4oz                         | 4 oz         | 99        | 100                      | 0.00                   | 55                     | 14               | 11               | 0.50      | 0.00                    | 5           | 21.00    |
| 992217 VG/DF - Dairy Free Yogurt                  | 5.3 oz       | 1         | 130                      | 0.00                   | 90                     | 12               | *N/A*            | 3.50      | 0.00                    | 0           | 18.00    |
| 000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct) | 1 cup        | 100       | 84                       | 0.03                   | 1                      | 14               | *N/A*            | 0.21      | 0.00                    | 0           | 22.54    |
| 000231 MILK,Skim                                  | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                          | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                                   | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average    |              |           | 395                      | 0.78                   | 357                    | *47              | *17              | 3.49      | 0.00                    | 15          | 78.51    |
| % of Calories             |              |           |                          | 1.78%                  |                        | *47.6%           | *17.2%           | 8.0%      | 0.0%                    |             | 79.5%    |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Tuesday - 04/29/2025 Reimbursable Meal Total 100

|                                          | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991061 V/VG- French Toast Sticks PreK-12 | 4 stick (92 gr) | 100       | 260                      | 2.00                   | 300                    | 9                | *8               | 10.00     | 0.00                    | 0           | 38.00    |
| 991123 Syrup Maple SS Sugar Free         | 32 gr           | 100       | 10                       | 0.00                   | 80                     | 0                | 0                | 0.00      | 0.00                    | 0           | 4.00     |
| 991006 Banana - 1 cup (2 Bananas)        | 2 Bananas       | 100       | 210                      | 0.26                   | 2                      | 29               | *N/A*            | 0.78      | 0.00                    | 0           | 53.90    |
| 000231 MILK,Skim                         | 8 fl. oz.       | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                 | 8 fl. oz.       | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                          | 8 fl            | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                    | 1               | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                   |                 |           | 581                      | 3.02                   | 513                    | *51              | *8               | 12.07     | 0.00                    | 10          | 109.03   |
| % of Calories                            |                 |           |                          | 4.68%                  |                        | *35.1%           | *5.5%            | 18.7%     | 0.0%                    |             | 75.1%    |
| Weekly Nutrient Guideline                |                 |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Wednesday - 04/30/2025 Reimbursable Meal Total 100

Base Menu Spreadsheet

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Portion Values

Mar 3, 2025 thru May 2, 2025

|                                            | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991557 Egg, Turkey Breast & Cheese Burrito | 1 burrito    | 100       | 314                      | 4.54                   | 563                    | *2               | *N/A*            | 13.90     | 0.00                    | 193         | 25.82    |
| 992259 V- Egg & Cheese Burrito             | 1 burrito    | 1         | 352                      | 5.56                   | 420                    | *2               | *N/A*            | 16.77     | 0.00                    | 199         | 25.99    |
| 000307 APPLES,Fresh - 1 Cup (100 - 125 ct) | 1 cup        | 100       | 77                       | 0.04                   | 1                      | 15               | *N/A*            | 0.25      | 0.00                    | 0           | 20.58    |
| 000190 Low Fat Milk - 1%                   | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 000231 MILK,Skim                           | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 991919 Soy Milk                            | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings                      | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average                     |              |           | 495                      | 5.39                   | 698                    | *31              | *N/A*            | 15.57     | 0.00                    | 205         | 59.66    |
| % of Calories                              |              |           |                          | 9.80%                  |                        | *25.1%           | *N/A*            | 28.3%     | 0.0%                    |             | 48.2%    |
| Weekly Nutrient Guideline                  |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Thursday - 05/01/2025

Reimbursable Meal Total 100

|                                                | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991262 V/DF- WG Banana Muffin (Chef Pierre)    | 57 gr        | 100       | 200                      | 1.50                   | 110                    | 16               | *N/A*            | 8.00      | 0.00                    | 10          | 31.00    |
| 992223 VG/DF- Homemade Vegan Muffins           | 64 gr        | 1         | 215                      | 0.54                   | 9                      | *18              | *0               | 7.58      | *0.00                   | 0           | 33.17    |
| 990708 Fruit Punch, Juice - (1 Cup - 2 juices) | (2 HC)       | 100       | 120                      | 0.00                   | 10                     | 24               | 0                | 0.00      | 0.00                    | 0           | 28.00    |
| 000231 MILK,Skim                               | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |

Base Menu Spreadsheet

Portion Values

Mar 3, 2025 thru May 2, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 000190 Low Fat Milk - 1%  | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk           | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average    |              |           | 423                      | 2.26                   | 251                    | *53              | *0               | 9.37      | *0.00                   | 20          | 72.46    |
| % of Calories             |              |           |                          | 4.81%                  |                        | *50.1%           | *0%              | 19.9%     | *0.0%                   |             | 68.5%    |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

Friday - 05/02/2025

Reimbursable Meal Total 100

|                                                  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 991929 V-Strawberry Chocolate Overnight Oats     | serving      | 100       | 253                      | 0.57                   | 73                     | 15               | *N/A*            | 3.32      | *0.00                   | 6           | 42.93    |
| 992860 VG/DF-Strawberry Chocolate Overnight Oats | serving      | 1         | 300                      | 3.42                   | 59                     | 16               | *4               | 8.14      | *0.00                   | 0           | 47.76    |
| 990703 Cranberry Apple Juice 1/2 cup             | 4 oz fl      | 100       | 60                       | 0.00                   | 0                      | 12               | 0                | 0.00      | 0.00                    | 0           | 13.00    |
| 000231 MILK,Skim                                 | 8 fl. oz.    | 50        | 90                       | 0.00                   | 130                    | 13               | *N/A*            | 0.00      | 0.00                    | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                         | 8 fl. oz.    | 50        | 110                      | 1.50                   | 130                    | 13               | *N/A*            | 2.50      | 0.00                    | 15          | 13.00    |
| 991919 Soy Milk                                  | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11               | *N/A*            | 4.50      | 0.00                    | 0           | 13.00    |

Portion Values

Mar 3, 2025 thru May 2, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     |
| Weighted Daily Average    |              |           | 416                      | 1.35                   | 203                    | *40              | *0               | 4.66      | *0.00                   | 16          | 69.41    |
| % of Calories             |              |           |                          | 2.92%                  |                        | *38.5%           | *0%              | 10.1%     | *0.0%                   |             | 66.7%    |
| Weekly Nutrient Guideline |              |           | 450 - 500                | <10                    | 540                    |                  |                  | <=0       |                         |             |          |

|                   |  | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) |
|-------------------|--|--------------------------|------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|
| Weighted Averages |  | 456                      | 3                      | 415                    | *48              | *8               | 9.24      | *0.00                   | 43          | 79.84    |
| % of Calories     |  |                          | 6.32%                  |                        | *42.1%           | *7.0%            | 18.2%     | *0.0%                   |             | 70.0%    |

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*  
*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*  
*<sup>1</sup> - denotes required nutrient values*  
*<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

*NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*