



Milk, grain, fruit, vegetables,
meat or meat alternative

LUNCH

Spring/Early Fall - LUNCH
BASIS Ed DC - 5- 8 Grade- Lunch



**Menu subject to change. For any feedback please
contact us directly at menu@luncherasdisi.com**

Monday

06/02/2025

Chicken Enchiladas
Black Bean Dip
Sour Cream (ss)
Fresh Tangerines
Choice of Milk

Tuesday

06/03/2025

Chicken Ranch WW Wrap
w/ Tomato
Veggie Ranch WW Wrap (V)
Celery Sticks
Fresh Oranges
Choice of Milk

Wednesday

06/04/2025

Turkey Breast & Provolone
Cheese WW Sandwich
Provolone Cheese
WW Sandwich
Sweet Corn
Mayo Light (ss)
Cranberry Dried(ss)**
Apples
Choice of Milk

Thursday

06/05/2025

Strawberry & Mix Greens
Salad w/Chicken & Feta C.
Strawberry & Mix Greens
Salad w/Meatless Chicken
WG Roll
Bananas
Choice of Milk

Friday

06/06/2025

Turkey Bacon, Lettuce
& Tomato (BLT) Wrap
Veggie BLT WW Wrap
w/Lettuce & Tomato (V)
Cranberry Juice
Choice of Milk

06/09/2025

Black Beans & Rice
WW Burrito w/Cheese (V)
Apples
Choice of Milk

06/10/2025

Hawaiian Chicken WW Wrap
w/ Broccoli & Carrot
H. Chicken Meatless Wrap
w/Broccoli & Carrots (V)
Fresh Tangerines
Choice of Milk

06/11/2025

WG Italian Sub w/ T. Ham
T. Salami & T. Pepperoni
WG Sub w/Plant Based
Ham & Bacon (V)
Sweet Corn
Mayonnaise SS Pouch (LS)
Fresh Pears
Choice of Milk

06/12/2025

Chicken Salad WW Sand.
w/Romaine & Tomato
Chicken Meatless Salad
WW Sandwich (VG)
Celery Sticks
Ranch Dressing Light (ss)
Bananas
Choice of Milk

06/13/2025

Chicken Caesar WW Wrap
Veggie Caesar WW Wrap (V)
Carrots Sticks
Fruit Punch Juice
Choice of Milk

06/16/2025

NO SCHOOL TODAY

06/17/2025

NO SCHOOL TODAY

06/18/2025

NO SCHOOL TODAY

06/19/2025

NO SCHOOL TODAY

06/20/2025

NO SCHOOL TODAY

06/23/2025

Breaded Chicken Nuggets
Veggie Nuggets
w/ WG Roll (V/VG)
WG Biscuit
Fresh Spinach Salad
BBQ Sauce (ss)
Fresh Tangerines
Choice of Milk

06/24/2025

WG Cheese Pizza (V)
Balela Salad w/ Garbanzo,
Tomato & Cucumber
Diced Peaches
Choice of Milk

06/25/2025

Turkey Ham Fried Rice w/
Green Peas & Carrots
Veggie Fried Rice w/
Green Peas & Carrots
Bananas
Choice of Milk

06/26/2025

Turkey Bolognese
WG Pasta w/Parmesan
Veggie Bolognese
WG Pasta w/Parmesan
Apples
Choice of Milk

06/27/2025

BYO Turkey Nachos
w/ Corn Tortilla Chips
BYO Meatless Nachos
Pico de Gallo w/
Tomatoes & Onions
Sour Cream (ss)
Grape Juice
Choice of Milk

06/30/2025

Corn Dog Chicken Mini WG
Veggie Hot Dog**
Sweet Creamy Coleslaw
Ketchup (ss)
Fresh Oranges
Choice of Milk

07/01/2025

Chicken Enchiladas
Black Bean Dip
Sour Cream (ss)
Apples
Choice of Milk

07/02/2025

Turkey Meatballs
WG Sub. w/Cheese
Veggie Meatballs
WG Submarine (V/VG)
Sauteed Green Collards
Fresh Tangerines
Choice of Milk

07/03/2025

Turkey Taco Rice w/Corn,
Red & Gr. Peppers
Meatless Taco Rice w/Corn
Red & Gr. Peppers (V/VG)
Sour Cream (ss)
Bananas
Choice of Milk

07/04/2025

NO SCHOOL TODAY

Available Choice of Milk: Unflavored 1% milk, unflavored skim milk, Lactose Free or Soy (Upon Request)

**** Denotes meals only for K to 8th**

Locally Grown Components Daily Served:

According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA), Cucumbers (DE,VA,DE,MD), Romaine Lettuce (PA, MD), Spinach (MD), Peppers (DE), Kale (NJ), Broccoli (MD,NC, DE, PA), Potato (DE/PA), Collards Green (NC), Kale (MD,NC), Cabbage, (VA,MD,PA,DE), Sweet Potato (NC), Tomato (MD,DE),Cauliflower (PA,MD), Strawberries (MD,VA,DE)

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

Menu Name:

BASIS Ed DC - 5- 8 Grade- Lunch

Include Cost:

No

Site:

Use Alternate Menu Name:

No

Monday - 06/02/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992508 Chicken Enchiladas 1/4 cup: R: 1/4	serving	100	348	4.09	403	2	*0	12.34	0.00	47	36.61
992731 VG/DF -Chicken Enchiladas 1/4 cup: R: 1/4	serving	1	369	1.98	564	3	*0	11.44	0.00	0	41.31
990921 Bean Dip 1/2 Cup: L: 1/2	1/2 CUP	0	83	0.01	97	*1	*N/A*	0.03	*0.00	0	14.42
991695 SOUR CREAM,FAT FREE (SS)	1oz	100	25	0.00	30	2	2	0.00	0.00	0	4.00
992548 TANGERINES,FRESH - 1/2 cup (150 ct)	1 (150ct p/cs)	100	64	0.05	2	13	0	0.37	0.00	0	16.01
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			540	4.90	571	*30	*2	14.07	*0.00	57	70.03
% of Calories				8.17%		*22.2%	*1.5%	23.4%	*0.0%		51.9%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Tuesday - 06/03/2025

Reimbursable Meal Total 100

Portion Values

Jun 2, 2025 thru Jul 4, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992897 Chicken Ranch Wrap R: 1/4	serving	99	479	7.33	737	3	*N/A*	23.97	0.00	71	38.19
992896 Chicken Metaless Ranch Wrap - R:1/4	serving	1	497	6.75	849	4	*0	23.75	0.00	30	40.01
990905 Celery Sticks OT: 1/2 cup	1/2 cup	100	15	0.00	119	2	*N/A*	0.00	0.00	119	4.12
991025 ORANGES - (1 orange113-125 ct)- 1/2 cup	1 orange	100	62	0.02	0	12	*0	0.16	0.00	0	15.39
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			656	8.09	987	*30	*0	25.37	0.00	199	70.73
% of Calories				11.10 %		*18.3%	*0%	34.8%	0.0%		43.1%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Wednesday - 06/04/2025 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991718 Turkey Breast & Provolone WW Sandwich	serving	99	320	7.01	1040	5	*1	13.44	0.00	47	27.82
992831 V- Provolone Cheese WW Sandwich	serving	1	356	10.51	753	4	*0	19.10	0.00	45	27.15
992801 Corn Sweet - S:3/4	3/4 CUP	100	100	0.13	1	4	*0	0.83	0.00	0	23.88
001050 MAYONNAISE:individual PC	0.44 oz	100	30	0.00	85	0	*N/A*	3.00	0.00	5	1.00

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991307 Cranberry, Dried Original	1.16oz	100	110	0.00	0	24	*N/A*	0.00	0.00	0	28.00
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	8	*0	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			699	7.95	1254	*54	*1	18.70	0.00	62	103.99
% of Calories				10.24 %		*30.9%	*0.6%	24.1%	0.0%		59.5%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Thursday - 06/05/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992317 Strawberry & Mix Green Salad w/Chicken DG:3/4	serving	99	223	3.54	351	*5	*0	11.01	*0.00	*53	10.85
992318 V-Strawberry & Mix Green Salad Veggie DG:3/4	serving	1	238	2.93	457	*6	*0	10.70	*0.00	*10	12.67
991056 VG/DF - WG Roll	32 gr	100	80	0.00	170	2	*2	1.00	0.00	0	15.00
991007 Banana - 1/2 cup (1 Banana)	1 Bananas	100	105	0.13	1	14	0	0.39	0.00	0	26.95
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			508	4.41	653	*34	*2	13.64	*0.00	*62	65.82
% of Calories				7.81%		*26.8%	*1.6%	24.2%	*0.0%		51.8%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Friday - 06/06/2025 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991957 BLT Wrap 3/4 cup: R:1/4, DG:1/2	serving	90	464	5.62	1123	2	*N/A*	19.37	*0.00	45	41.04
991960 V- BLT Wrap 3/4 cup: R:1/4, DG:1/2	serving	10	349	2.13	520	2	*N/A*	13.46	*0.00	3	45.80
990703 Cranberry Apple Juice 1/2 cup	4 oz fl	100	60	0.00	0	12	0	0.00	0.00	0	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			612	6.02	1193	*27	*0	20.03	*0.00	51	67.52
% of Calories				8.85%		*17.6%	*0%	29.5%	*0.0%		44.1%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Monday - 06/09/2025 Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992328 Bean & Rice Burrito 10" tortilla L:1/2, OT:1/4	10" Tortilla	100	604	4.84	1057	*4	*0	19.32	*0.00	22	85.79
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	8	*0	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			742	5.61	1188	*25	*0	20.70	*0.00	32	109.08
% of Calories				6.80%		*13.5%	*0%	25.1%	*0.0%		58.8%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Tuesday - 06/10/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991939 Hawaiian Chicken WW Wrap DG:1/2, R:1/4	serving	100	372	1.40	423	*12	*8	8.51	*0.00	44	50.43
991969 Hawaiian Chicken Meatless WW Wrap DG:1/2, R:1/4	serving	1	401	0.82	559	*13	*8	8.48	*0.00	3	52.43
992548 TANGERINES,FRESH - 1/2 cup (150 ct)	1 (150ct p/cs)	100	64	0.05	2	13	0	0.37	0.00	0	16.01
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			540	2.21	561	*38	*8	10.22	*0.00	54	79.96
% of Calories				3.68%		*28.1%	*5.9%	17.0%	*0.0%		59.2%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Wednesday - 06/11/2025 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992294 WG Italian SUB Turkey Ham, Salami & Pepperoni	serving	100	279	2.34	779	5	*0	9.64	0.00	60	31.47
992295 V-WG Sub Plant Based Ham & Bacon	serving	1	393	1.17	977	5	*0	13.44	0.00	2	35.99
992801 Corn Sweet - S:3/4	3/4 CUP	100	100	0.13	1	4	*0	0.83	0.00	0	23.88
991258 Mayonnaise SS Pouch (Low Sodium)	0.38 oz	100	70	1.50	70	0	*N/A*	8.00	0.00	5	0.00
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	7	*N/A*	0.10	0.00	0	10.66
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			594	4.75	992	*29	*0	19.99	0.00	75	79.50
% of Calories				7.20%		*19.5%	*0%	30.3%	0.0%		53.5%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Thursday - 06/12/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990845 Chicken Salad Sandwich-1/2 Cup:R:1/4 DG:1/4	serving	99	285	0.95	475	10	*0	3.52	0.00	44	36.65
992238 VG/V-Chicken Salad Sandwich -1/2 Cup:R:1/4 DG:1/4	serving	1	388	1.44	725	10	*0	14.20	0.00	0	38.02
992102 Celery Sticks-OT:1/4 cup	1/4 cup	100	8	0.00	59	1	*N/A*	0.00	0.00	59	2.06
991256 DRESSING, RANCH BUTTERMILK LIGHT SS	1.5 OZ	100	130	1.50	410	2	*N/A*	11.00	0.00	10	8.00
991007 Banana - 1/2 cup (1 Banana)	1 Bananas	100	105	0.13	1	14	0	0.39	0.00	0	26.95
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			629	3.33	1078	*41	*0	16.27	0.00	122	86.68
% of Calories				4.76%		*26.1%	*0%	23.3%	0.0%		55.1%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Friday - 06/13/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992052 Chicken Caesar WW Wrap - DG: 1/2	1 wrap	100	404	5.36	734	*3	*0	13.80	*0.00	65	42.39
992863 V- WW Veggie Caesar Wrap - DG: 1/2 cup	1 wrap	1	446	4.33	808	*5	*0	14.44	*0.00	18	45.92
992586 CARROTS STICKS: fresh - R: 1/4 cup	1/4 cup	100	13	0.01	21	1	*0	0.07	0.00	0	2.92
990692 Fruit Punch, Juice 1/2 cup	4 fl.oz.	100	60	0.00	5	12	0	0.00	0.00	0	14.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			581	6.16	898	*30	*0	15.27	*0.00	75	72.77
% of Calories				9.54%		*20.7%	*0%	23.7%	*0.0%		50.1%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

Monday - 06/16/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Tuesday - 06/17/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Wednesday - 06/18/2025 Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Thursday - 06/19/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Friday - 06/20/2025 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992052 Chicken Caesar WW Wrap - DG: 1/2	1 wrap	100	404	5.36	734	*3	*0	13.80	*0.00	65	42.39
992863 V- WW Veggie Caesar Wrap - DG: 1/2 cup	1 wrap	1	446	4.33	808	*5	*0	14.44	*0.00	18	45.92
990147 Carrots Steamed R: 1/2	1/2 cup	100	27	0.02	45	3	*0	0.14	0.00	0	6.41

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990597 PEACHES, DICED IN JUICE SS PLASTIC CUP - HC	HC	100	80	0.00	5	18	*N/A*	0.00	0.00	0	19.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			616	6.18	922	*37	*0	15.34	*0.00	75	81.26
% of Calories				9.03%		*24.0%	*0%	22.4%	*0.0%		52.8%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Monday - 06/23/2025 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991084 Chicken Nuggets Breaded	4 pc (91 gr)	99	210	2.50	340	1	*0	12.00	0.00	40	12.00
992459 Vegan Chicken Nuggets w/WG Roll	5 Nuggets	1	331	1.88	635	5	*2	12.30	0.00	0	40.12
000341 WG Biscuit - 1 oz	28 g	100	100	4.00	210	1	1	5.00	0.00	0	14.00
992424 Fresh Spinach Salad DG: 1/2, OT: 1/4	3/4	100	49	0.49	27	*0	*N/A*	3.43	*0.00	0	4.25
991603 BBQ Sauce (ss)	0.44 oz	100	20	0.00	105	4	4	0.00	0.00	0	5.00
992548 TANGERINES,FRESH - 1/2 cup (150 ct)	1 (150ct p/cs)	100	64	0.05	2	13	0	0.37	0.00	0	16.01
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			544	7.78	817	*32	*5	22.05	*0.00	50	64.54
% of Calories				12.87 %		*23.5%	*3.7%	36.5%	*0.0%		47.5%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Tuesday - 06/24/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991692 V-WG Cheese Pizza (V)	4.6 oz	100	300	4.00	580	14	*N/A*	11.00	0.00	15	37.00
992725 DF - Cheese Pizza Sub R:1/4	slice	0	302	6.11	810	5	*N/A*	12.49	0.00	0	42.96
991922 Balela Salad L:1/2, OT:1/8, R:1/8	serving	100	199	0.51	149	*1	*0	6.18	*0.00	*0	30.37
990597 PEACHES, DICED IN JUICE SS PLASTIC CUP - HC	HC	100	80	0.00	5	18	*N/A*	0.00	0.00	0	19.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			679	5.26	864	*46	*0	18.43	*0.00	*25	99.37
% of Calories				6.97%		*27.1%	*0%	24.4%	*0.0%		58.5%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Wednesday - 06/25/2025 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991418 Ham Fried Rice OT: 1/4, S:1/2	serving	99	444	1.99	697	*7	*0	9.56	*0.00	155	66.92
992864 V- Veggie Fried Rice OT: 1/4, S:1/2	serving	0	440	1.04	695	*8	*0	6.64	*0.00	124	60.80
991007 Banana - 1/2 cup (1 Banana)	1 Bananas	100	105	0.13	1	14	0	0.39	0.00	0	26.95
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			644	2.85	821	*34	*0	11.10	*0.00	163	106.20
% of Calories				3.98%		*21.1%	*0%	15.5%	*0.0%		66.0%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Thursday - 06/26/2025 Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992500 Turkey Bolognese WG Pasta - R: 3/4	serving	99	401	2.72	305	*8	*1	11.65	*0.00	94	55.31
992522 V-Veggie Bolognese WG Pasta - R: 3/4	serving	1	341	0.44	472	*9	*1	4.68	*0.00	3	60.14
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	8	*0	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			539	3.47	438	*29	*1	12.96	*0.00	103	78.65
% of Calories				5.79%		*21.5%	*0.7%	21.6%	*0.0%		58.4%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Friday - 06/27/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992560 BYO Turkey Nachos w/ Corn Tortilla Chips	SERVING	99	308	7.80	329	*0	*0	18.25	0.00	82	20.08
992624 V- BYO Plant Based Nachos	SERVING	1	302	6.50	517	*1	*0	14.85	0.00	30	24.87
992623 VG/V/DF- BYO Veggie Nachos w/ Corn Tortillas	SERVING	0	283	6.58	671	*1	*0	12.94	0.00	0	28.93
990399 Pico de Gallo - OT:1/2, R: 1/4	3/4 cup	100	45	0.03	18	5	*0	0.09	0.00	0	9.97

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992869 Sour Cream (ss)	28 gr	100	60	3.50	15	1	1	5.00	0.00	20	1.00
992361 Grape Juice - Suncup	4 fl	100	80	0.00	10	18	0	0.00	0.00	0	19.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			593	12.06	504	*37	*1	24.55	0.00	111	63.10
% of Calories				18.30 %		*25.0%	*0.7%	37.3%	0.0%		42.6%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Monday - 06/30/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991613 Corn Dog Chicken Mini WG	6 pc (4.02oz)	99	315	3.64	497	6	*N/A*	16.97	0.00	48	26.67
991712 Veggie Hot Dog	serving	1	280	0.00	750	*5	*0	7.00	0.00	0	35.00
990604 CREAMY COLESLAW OT: 1/2, R:1/4	3/4 cup	100	77	0.29	111	7	*1	2.03	*0.00	3	12.79
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2	2	0.00	0.00	0	2.00
991025 ORANGES - (1 orange113-125 ct)- 1/2 cup	1 orange	100	62	0.02	0	12	*0	0.16	0.00	0	15.39
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			564	4.66	831	*41	*3	20.31	*0.00	61	69.94
% of Calories				7.44%		*29.1%	*2.1%	32.4%	*0.0%		49.6%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Tuesday - 07/01/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992508 Chicken Enchiladas 1/4 cup: R: 1/4	serving	100	348	4.09	403	2	*0	12.34	0.00	47	36.61
992731 VG/DF -Chicken Enchiladas 1/4 cup: R: 1/4	serving	1	369	1.98	564	3	*0	11.44	0.00	0	41.31
990921 Bean Dip 1/2 Cup: L: 1/2	1/2 CUP	100	83	0.01	97	*1	*N/A*	0.03	*0.00	0	14.42
991695 SOUR CREAM,FAT FREE (SS)	1oz	100	25	0.00	30	2	2	0.00	0.00	0	4.00
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	8	*0	0.13	0.00	0	10.29
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			598	4.89	667	*26	*2	13.86	*0.00	57	78.74
% of Calories				7.36%		*17.4%	*1.3%	20.9%	*0.0%		52.7%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Wednesday - 07/02/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992276 Turkey Meatball Sub -w/Cheese R:1/4	sub (4Meatballs	100	310	3.02	714	7	*1	9.51	0.00	53	37.19
992277 V-VG Meatball Sub R:1/4	sub (4Meatballs	1	309	3.00	613	7	*1	8.98	0.00	0	41.18
990953 Sautéed Collards Green DG: 1/2	1/2 cup	100	75	0.26	34	0	*0	3.05	0.00	0	10.39
992548 TANGERINES,FRESH - 1/2 cup (150 ct)	1 (150ct p/cs)	100	64	0.05	2	13	0	0.37	0.00	0	16.01
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			551	4.11	887	*33	*1	14.27	0.00	63	77.00
% of Calories				6.71%		*24.0%	*0.7%	23.3%	0.0%		55.9%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

Thursday - 07/03/2025		Reimbursable Meal Total 100									
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992305 Turkey Rice w/Corn,Red,Gr.Pepper R:1/4,S:1/2,O:1/4	1 cup	99	492	2.49	456	*11	*0	13.57	0.00	110	70.31
992306 V/VG-Turkey Taco Rice 1 CUP - R:1/4,S:1/2,O:1/4	3/4 cup	1	424	0.21	614	*11	*0	6.52	0.00	18	73.84
991695 SOUR CREAM,FAT FREE (SS)	1oz	100	25	0.00	30	2	2	0.00	0.00	0	4.00
991007 Banana - 1/2 cup (1 Banana)	1 Bananas	100	105	0.13	1	14	0	0.39	0.00	0	26.95
000231 MILK,Skim	8 fl. oz.	50	90	0.00	130	13	*N/A*	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	130	13	*N/A*	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			721	3.35	619	*40	*2	15.14	0.00	119	114.30
% of Calories				4.18%		*22.2%	*1.1%	18.9%	0.0%		63.4%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			
Friday - 07/04/2025		Reimbursable Meal Total 1									

Base Menu Spreadsheet

Portion Values

Jun 2, 2025 thru Jul 4, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0			

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
Weighted Averages		608	5	837	*35	*1	17.11	*0.00	*81	81.96
% of Calories			7.99%		*23.0%	*0.7%	25.3%	*0.0%		53.9%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.